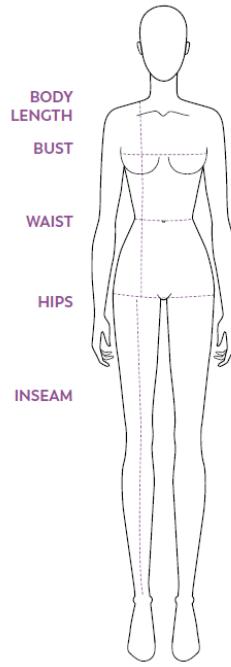




Healing
Hands®

SIZE CHART



HOW TO GET THE PERFECT FIT

BUST

Measure around the
fullest part of your bust

WAIST

Measure around the
smallest part of your waist

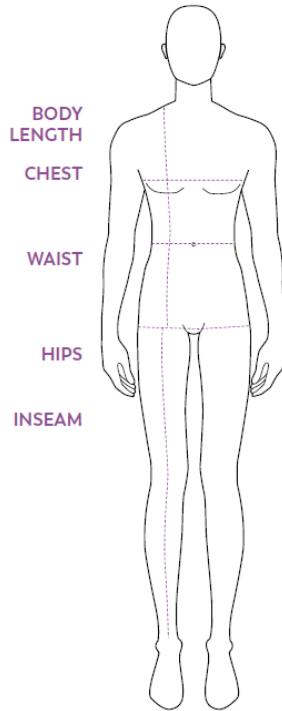
HIP

Measure around the
fullest part of your hips

INSEAM

Measure from top of
the inner thigh to ankle

SIZE	NUMERIC SIZES	BUST	WAIST	HIP	INSEAM	INSEAM PETITE	INSEAM TALL	HEIGHT REGULAR	HEIGHT PETITE	HEIGHT TALL
XXS	00	30"-31"	21"-23"	32"-33"	31"	29"	33"	5'3.5"-5'7"	4'10"-5'3"	5'8"-6'2"
XS	0-2	32"-33"	24"-25"	34"-35"	31"	29"	33"	5'3.5"-5'7"	4'10"-5'3"	5'8"-6'2"
S	4-6	34"-35"	26"-27"	36"-37"	31"	29"	33"	5'3.5"-5'7"	4'10"-5'3"	5'8"-6'2"
M	8-10	36"-37"	28"-30"	38"-40"	31"	29"	33"	5'3.5"-5'7"	4'10"-5'3"	5'8"-6'2"
L	12-14	38"-40"	31"-33"	41"-43"	31"	29"	33"	5'3.5"-5'7"	4'10"-5'3"	5'8"-6'2"
XL	16 -18	41"-43"	34"-36"	44"-46"	31"	29"	33"	5'3.5"-5'7"	4'10"-5'3"	5'8"-6'2"
1X	20	44"-46"	36.5"-38.5"	46.5"-48.5"	31"	29"	33"	5'3.5"-5'7"	4'10"-5'3"	5'8"-6'2"
2X	21 -22	47"-49"	39"-41"	49"-51"	31"	29"	33"	5'3.5"-5'7"	4'10"-5'3"	5'8"-6'2"
3X	23 -24	50"-52"	42"-44"	52"-54"	31"	29"	33"	5'3.5"-5'7"	4'10"-5'3"	5'8"-6'2"
4X	25 -26	53"-55"	45"-48"	55"-58"	31"	29"	33"	5'3.5"-5'7"	4'10"-5'3"	5'8"-6'2"
5X	27-28	56"-59"	49"-52"	56"-62"	31"	29"	33"	5'3.5"-5'7"	4'10"-5'3"	5'8"-6'2"



HOW TO GET THE PERFECT FIT

CHEST

Measure around the
fullest part of your bust

WAIST

Measure around the
smallest part of your waist

HIP

Measure around the
fullest part of your hips

INSEAM

Measure from top of
the inner thigh to ankle

SIZE	NUMERIC SIZES	CHEST	WAIST	HIP	INSEAM	INSEAM PETITE	INSEAM TALL	HEIGHT REGULAR	HEIGHT PETITE	HEIGHT TALL
XS	30-32	32"-34"	27"-28"	32"-34"	32"	29.5"	35"	5'9"-6'1"	5'6"-5'8"	6'2"-6'5"
S	34-36	36"-37"	29"-31"	35"-37"	32"	29.5"	35"	5'9"-6'1"	5'6"-5'8"	6'2"-6'5"
M	38-40	38-40	32"-34"	38"-40"	32"	29.5"	35"	5'9"-6'1"	5'6"-5'8"	6'2"-6'5"
L	42-44	42"-44"	35"-38"	41"-44"	32"	29.5"	35"	5'9"-6'1"	5'6"-5'8"	6'2"-6'5"
XL	46-48	46"-48"	39"-42"	45"-48"	32"	29.5"	35"	5'9"-6'1"	5'6"-5'8"	6'2"-6'5"
2X	50-52	50"-52"	43"-46"	49"-52"	32"	29.5"	35"	5'9"-6'1"	5'6"-5'8"	6'2"-6'5"
3X	54-56	54"-56"	47"-50"	53"-56"	32"	29.5"	35"	5'9"-6'1"	5'6"-5'8"	6'2"-6'5"
4X	58-60	58"-60"	51"-54"	57"-60"	32"	29.5"	35"	5'9"-6'1"	5'6"-5'8"	6'2"-6'5"
5X	62-64	62"-64"	55"-58"	61"-64"	32"	29.5"	35"	5'9"-6'1"	5'6"-5'8"	6'2"-6'5"